



March 13, 2014

Ms. Bethany Rhodes, Director  
Ohio Retirement Study Council  
88 East Broad Street, Suite 1175  
Columbus, OH 43215-3506

Dear Ms. Rhodes:

In addition to previously submitted information, listed below are Express Scripts (ESI) programs that analyze the use of narcotics that help prevent misuse or abuse.

- **Fraud, Waste, and Abuse:** Fraud, Waste & Abuse (FWA) is an investigative service program that helps plan sponsors identify potential problem prescribers and members with unusual or excessive utilization patterns. The program is designed to help identify outliers and situations of abnormal utilization or prescribing patterns by analyzing types of prescriptions, refill patterns, and pharmacy utilization.
- **RationalMed** (amongst many other components of the program, includes medical diagnosis codes together with prescription use to better analyze potential issues within narcotic drug category): Using thousands of evidence-based clinical rules and a proprietary predictive modeling capability, RationalMed identifies patients across the population who may be at risk for near-term hospitalizations, adverse events and longer-term health complications by evaluating integrated health information (medical, pharmacy, lab and patient self-reported data.) Potential safety issues are sent to the prescribing physician in the form of a RationalMed alert. Alerts are also sent to pharmacists, patients, and case/care managers as determined by the clients' desire. As a result, the client realizes greater program savings from reduced hospitalization costs and appropriate use of prescription drugs.
- **Personal Medication Coach/Medication Therapy Management:** ESI empowers members to take an active role in managing their medications and their health. Its Personal Medication Coach program, designed by pharmacists, improves the way members manage their medications and reduces wasteful healthcare spending. Through member-specific consultations, ESI helps members make the best possible healthcare choices that optimize medication therapy outcomes. Personal Medication Coach is designed to optimize medication therapy outcomes for individual

physician when questionable prescriptions are presented and they can do retrospective reviews of already filled prescriptions.

Sincerely,



Mark R. Atkeson

*Executive Director*

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