



# Health Care Report 2001

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Ohio Retirement Study Council  
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# Introduction

**Introduction**

The Ohio Police & Fire Pension Fund (OP&F) offers an excellent medical expense benefits program including coverage for major medical, prescription drug, dental, vision and long-term care. In 2001, over 35,000 retirees, survivors and their eligible dependents were enrolled in OP&F health care benefits.

In 1974, OP&F began to offer medical expense benefits to all retired members, survivors and eligible dependents as an optional benefit, as long as the cost of funding those benefits did not jeopardize funding of cash pension benefits (See Appendix A for the statutory authority for health care benefits, O.R.C. 742.45). At that time, only one plan was offered through Aetna Health Plans.

Due to rising health care costs, contributions were required for most benefit recipients beginning in July of 1992. In addition, cost saving plan design measures have been introduced since that time as well. Currently, two Preferred Provider Organization (PPO) Networks, five Health Maintenance Organizations (HMOs) and three Medicare HMOs are available, as well as a separate prescription drug program. Supplemental dental, vision and long term care plans are also available. Long term care is the only OP&F-sponsored benefit that is also offered to active members.

As required by Ohio Revised Code Section 742.14 (E), OP&F has prepared the enclosed report to provide information regarding the health care program offered to OP&F members in 2001. The report also focuses on the methods used by OP&F for funding health care benefits and plans into the future. The OP&F Board of Trustees realizes that one of the greatest and most difficult issues it must face is funding the rising cost of health care benefits without jeopardizing future pension, disability and survivor benefits. In addition to funding, the report also discusses eligibility, a breakdown of the plans available and financial information.

# Health Care Funding

**Health Care Funding**

When OP&F took on the responsibility of health care benefits in 1974, health care expenditures were approximately \$3 million, compared to \$129,173,470 million spent 27 years later in 2001. The health care expenses in 2001 increased 15.52 percent over 2000. In addition, the cost per health care participant rose to \$3,660 in 2001, a 12.93 percent increase over 2000. This section addresses the current health care funding structure and how OP&F anticipates addressing funding of these benefits into the future.

**Current health care financing**

In 1992, the OP&F Board of Trustees implemented monthly medical expense benefit contributions from benefit recipients. The Health Care Stabilization Fund had a balance of \$250,585,001 as of December 31, 2001 as a result of the interest generated, along with retiree contributions, rebates and recoveries, and 7.50 percent of employer contributions expressed as a percentage of payroll. This represents a decrease in the balance from 2000 of 9.4 percent (\$26.1 million) primarily due to an increase in gross health care costs and a -3.9 percent investment rate of return.

The specific breakdown of the Health Care Stabilization Fund over the last six years is shown on the *Schedule of Changes in Net Assets Available for Benefits* (See Appendix B). Deductions from that fund include actual health care expenses and administrative expenses related to health care. Health care expenses include major medical and prescription drug claim payments, premiums and associated administrative fees, as well as Medicare B reimbursements.

In 2001, non-investment earnings generated \$116,556,901 in revenue to fund health care. Benefit recipients contributed 5.32 percent toward OP&F's overall health care costs. The remainder, 94.68 percent, was paid from the Health Care Stabilization Fund, which is comprised of employer contributions (7.50 percent of payroll) and investment income on the balance of the Health Care Stabilization Fund.

Currently, OP&F is self-funded for the PPO and prescription drug plans, meaning that OP&F pays the full cost of claim dollars for these plans. HMOs are not self-funded and, therefore, are paid on a premium basis. Through cost saving measures such as the implementation of the network plans (PPOs and HMOs), OP&F has been able to enhance and expand benefit offerings to benefit recipients in the past few years without affecting the cost to benefit recipients.

OP&F's actuary reviews all assumptions and methods every five years and reports annually on the solvency of the Health Care Stabilization Fund. OP&F uses this information to determine the adequacy of retiree contributions and employer contributions. The Board's Health Care Committee is actively addressing the issues surrounding rising health care costs and is exploring viable long-term health care funding options.

As required by statute, this report also includes other financial information including Accounting, Asset Valuation and Funding Methods (See Appendix C), Plan Net Assets

Available for Postemployment Health Care Benefits (See Appendix D), and Statement of Changes in Plan Net Assets Available for Postemployment Health Care Benefits (See Appendix E).

**Cost saving measures**

OP&F has established several measures within the last several years to reduce health care costs. First, benefit recipients began contributing toward the cost of their health care in 1992. This contribution schedule changed on July 1, 2001 (See Appendix F). Secondly, Preferred Provider Organizations (PPOs) were introduced in 1992. Under these plans, participants are encouraged to utilize participating network providers in order to pay less out of pocket for their health care expenses. Participating network providers have contractually agreed to charge less for their services, a savings which can then be passed on to the participants and to OP&F. In addition, the introduction of a stand-alone prescription drug program, as well as HMOs and Medicare HMOs, saves money for both OP&F and plan participants.

**Future funding strategies**

The OP&F Trustees confront the challenge of funding the rising cost of health care benefits without jeopardizing future pension and disability benefits. In 2001, OP&F health care costs rose 15.52 percent. Besides the fact that the costs for health care services all across the country keep rising, other factors affecting OP&F benefit funding include future increases in Medicare premiums and deductibles and the extended life span of retirees. In addition, the number of active members is decreasing compared to the number of retirees. The current ratio is 1.62 active members to every 1 retired member and is expected to be 1.47 to 1 by 2011.

As part of the *Health Care Funding Policy* (See Appendix G) adopted by the OP&F Board in December, 1997, the Board will utilize forecast studies prepared by the actuary on at least a quinquennial basis (every five years) or other studies commissioned by the Board on an ad hoc basis to determine the affordable level of health care. The forecast studies will be prepared following each Quinquennial Experience Study, so as to best reflect current expectations of OP&F pension and health care liabilities.

A study prepared by OP&F actuaries in 2001 projected that OP&F's Health Care Stabilization Fund would be depleted by 2008 unless changes were made to the current funding mix. As a result, the Board must determine an appropriate mix among the three health care funding sources—employer contributions, investment income, and benefit recipient contributions—to allow OP&F to provide health care well into the future. The Board's Health Care Committee is actively addressing the issues surrounding rising health care costs and is exploring viable long-term health care funding options.

After carefully examining health care funding issues over the past few years, the Board voted to implement a new health care contribution schedule for benefit recipients effective July 1, 2001. This schedule will be adjusted annually based on OP&F's overall annual health care costs so that benefit recipients will collectively contribute a Board approved percentage of OP&F's overall costs.



# Health Care Eligibility

**Health Care Eligibility**

**Retirant and survivor eligibility**

OP&F members are eligible for health care benefits through OP&F the first day after they are taken off their employer's payroll. In addition, health care coverage for eligible surviving spouses starts from the member's date of death and when survivor benefits begin. There are no pre-existing condition clauses.

**Dependent eligibility**

Benefit recipients must be enrolled in an individual plan in order to enroll their dependents in that plan. Dependents eligible for the OP&F Medical Expense Benefits Program include:

- The benefit recipient's spouse;
- Unmarried child(ren) at least 14 days of age, but under 18 years of age, or under 22 if attending school\* on a full-time basis (or at least a two-thirds basis) and primarily dependent upon the benefit recipient for support. Primarily dependent means that the child is validly claimed as an exemption for income tax (FITR) purposes\*\* by the benefit recipient in the year that medical expenses are incurred;
- A dependent child (validly claimed as an exemption on FITR\*\*), regardless of age, who is unable to earn a living because of a physical or mental handicap, but only if such child became incapacitated prior to attaining age 18 (age 22 if then attending school on a full-time or at least a two-thirds basis). A disabled child over age 22 may only apply for OP&F medical expense benefits at the time the benefit recipient is FIRST eligible for OP&F medical expense benefits. However, the disabled child must have met the regulations listed above prior to attaining age 22. The medical expense benefits administrator will determine if the child has met the requirements for eligibility and may also periodically require proof of continued disability and dependency; and
- Unmarried step-children, grandchildren or other children at least 14 days of age, but under 18 years of age, or under 22 if attending school on a full-time basis (or at least a two-thirds basis) for whom the benefit recipient is the legal guardian required to provide health care coverage. Step-children, grandchildren or other children must be financially dependent upon the benefit recipient for support and live with the benefit recipient in a regular parent-child relationship. Financially dependent means that the child is validly claimed as an exemption for income tax (FITR) purposes\*\* by the benefit recipient in the year that medical expenses are incurred.

\* An institution is considered a school if it: offers a regular schedule of courses on an annual or more frequent basis; has a full-time faculty and permanent administration; and includes some formal classroom sessions rather than just on-the-job training.

\*\* To cover a child not claimed on FITR, the benefit recipient must be mandated by a qualified Court Order to pay both child support and medical expense benefits for that child. In addition, the child support payment must be deducted from the benefit recipient's benefit check and directly transferred from The Ohio Police & Fire Pension Fund to the child support enforcement agency.

**Current enrollment figures**

As of December 31, 2001, there were 22,389 OP&F benefit recipients. Benefit recipients include both retirees and survivors. Of those, approximately 92 percent participated in the OP&F health care programs at that time. As of December, the breakdown of enrollees and dependents was as follows:

	Number <u>Enrolled</u>
Benefit recipients .....	20,625
<u>Dependents.....</u>	<u>14,665</u>
TOTAL .....	35,290

**Ensuring accuracy of eligibility information**

To keep OP&F files accurate, all benefit recipients enrolled in OP&F's Medical Expense Benefits Program are required to complete and return an Annual Health Care Eligibility Form once every year. This form requests current information regarding address, covered dependents, Workers' Compensation information, etc. It is mailed in the fall of every year. Benefit recipients who do not comply after several requests face termination of coverage.

# Health Care Program Breakdown

## Health Care Program Breakdown

The Ohio Police & Fire Pension Fund offers an excellent medical expense benefits program which includes coverage for major medical, prescription drug, dental, vision and long term care. This section describes these benefits in more detail.

### Major medical

Based on their area of residence, benefit recipients have the choice between two different types of plans for major medical coverage, a Health Maintenance Organization (HMO) or the Preferred Provider Organization (PPO). Both plan types provide excellent coverage for expenses resulting from ordinary injuries or diseases, serious or prolonged disabilities, hospitalization and skilled nursing care.

**HMOs**—OP&F offers HMOs through five different carriers—**Aetna, Kaiser Permanente, Medical Mutual of Ohio (MMO), Paramount and United HealthCare (UHC)**. Eligibility for these plans is based on area of residence as determined by the carriers. The Kaiser HMO is restricted to the Akron/Cleveland area and requires the utilization of primary care physicians in participating Kaiser facilities only. The other HMOs offer participants the choice of primary care physicians who are independent practicing physicians located throughout the state. Health Maintenance Organizations (HMOs) provide comprehensive health care coverage, including preventive care services, diagnostic testing, inpatient medical/surgical services and more. In addition, there are no deductibles to meet and most services are paid 100 percent after a copayment (See Appendix H). Eligibility for these HMOs is limited to residents who live in specific counties of Ohio and certain contiguous states.

**Medicare HMOs**—OP&F also offers three Medicare HMOs to Medicare eligibles who live in eligible areas (through **Kaiser, Paramount and United HealthCare**). The Medicare HMO carriers actually administer Medicare benefits, instead of Medicare. The carriers obtain this right by entering into a contract with the Center for Medicare and Medicaid Services (CMS), an agency of the federal government. The government then pays a fixed monthly amount for each Medicare plan member to the carrier. The payment made by the government is based on how much it would cost the Medicare program if the Medicare beneficiary received services under the traditional fee-for-service program and the location of the HMO. Benefit recipients are still Medicare beneficiaries if they enroll in a Medicare HMO. The Medicare HMOs cover all services covered by traditional Medicare, plus much more such as routine vision, hearing and dental care—all at no additional cost (See Appendix H).

**Preferred Provider Organizations (PPOs)**—The Preferred Provider Organization (PPO) is a group of independent doctors, hospitals and other health care providers who have agreed to offer their services at set, discounted fees under contract with a network administrator. Currently, OP&F benefit recipients may choose between two different administrators when enrolling in the PPO plan—**Aetna U.S. Healthcare and Medical Mutual of Ohio (MMO)**. Both administrators cover the same types of services, and also have the same deductibles and copayments. The only difference between these carriers is that different providers participate in each network.

Anyone who resides in a network area and enrolls in the PPO Network must utilize participating PPO providers to receive maximum benefits. Under the PPO plans, a plan participant simply chooses a doctor or hospital from the administrator's provider listing at the time services are needed. Plan participants are not required to utilize network providers, however, there are definite advantages for participants who do. Special, reduced fees have been negotiated with all network providers, and plan participants will not be responsible for paying the difference between the provider's normal charge and the specially negotiated fee. In addition, when using network providers, there are no claim forms to file, deductibles are lower and the maximum yearly out-of-pocket is lower.

Plan participants who utilize a provider outside of the network will incur more out-of-pocket costs. Because special fees have not been negotiated with non-network providers, participants have a lower benefit level and will be responsible for paying any amount between the provider's fee and the usual, customary and reasonable (UCR) allowance determined.

The carriers do not have networks in all areas of the country. Benefit recipients who reside in one of these non-network areas still choose either Aetna or MMO as their claims administrator. These individuals can then use any provider or hospital and still receive most benefits at the "network" benefit level. When utilizing non-network providers, however, these benefit recipients must still file their own claim forms, pre-certify themselves and pay any amount between the provider's fee and the usual, customary and reasonable (UCR) allowance determined by the carrier.

Please see Appendix I for a chart describing the various benefit levels.

### Prescription drugs

Prescription drug coverage is administered by Merck-Medco Rx Services, regardless of which carrier or plan a benefit recipient chooses for major medical coverage. All benefit recipients and their dependents who enroll in major medical coverage are also automatically enrolled in prescription drug coverage at the same time. Benefit recipients receive a separate card for prescription drugs, which contains the PAID Prescriptions logo. The prescription drug program allows participants to purchase their medications at discounted rates at either a retail location or for the greatest savings, through the mail (See Appendix J).

### Supplemental dental and vision

Most of the HMO plans cover routine dental and vision services, however, the PPO plans do not. To supplement their medical coverage, benefit recipients have the option to enroll in separate dental and vision plans. These plans are offered in addition to the medical expense benefit plans and have separate contribution amounts. Benefit recipients may also enroll in these plans if they do not elect to enroll in a OP&F-sponsored medical expense benefit plan. Enrollment in these plans is only permitted once every year during the fall open enrollment period. OP&F does not subsidize the cost of these plans—enrollees pick up the full premium. Please see Appendix K for a breakdown of dental coverage, Appendix L for a breakdown of vision coverage and Appendix M for contribution amounts for both plans.

**Long term care**

Long term care refers to a wide range of personal health care services for people of all ages who need custodial care because of a chronic illness or long-lasting disability. This does not include acute medical care, which helps people recover from an illness or injury. OP&F's major medical plans do not cover custodial care and Medicaid only covers long term care for people living at or below the poverty level.

To help pay the cost of long term care, OP&F offers a separate long term care policy through Aetna U.S. Healthcare. Enrollees are eligible for a benefit of \$50 to \$250 per day toward custodial nursing home expenses, and half of the covered amount toward home care, adult day care, or other long term care expenses. Premiums are based on the person's age at the time of enrollment and are paid directly to Aetna U.S. Healthcare by enrollees. This plan is available to active OP&F members, their spouses and parents, as well as current OP&F benefit recipients and their dependents.

**Open Enrollment**

Every year, plan participants have the opportunity to change plans during the open enrollment period. This major project involves creating a customized booklet for health care participants, which specifically outlines the plans available in their area of residence.

# Medicare Part B Reimbursements

### Medicare Part B Reimbursements

Upon eligibility for Medicare Part B, benefit recipients and surviving spouses are eligible for reimbursement of the Medicare Part B premium through OP&F (as required by O.R.C. 742.45, Section C, See Appendix A). The reimbursement is made in the monthly benefit payments at the current annual contribution rate or the rate that the person is being charged, whichever is less. Dependent spouses are not reimbursed for the Medicare Part B premium. Their contributions for the OP&F medical expense benefits program were eliminated until July 1, 2001 when the new contribution structure became effective (see Appendix F). In 2001, OP&F paid out over \$5.5 million in Medicare B reimbursements.

When becoming eligible for Medicare Part B, benefit recipients should submit a copy of their Medicare card and Medicare Part B Reimbursement Statement as soon as possible. Upon notification of a benefit recipient's death, the surviving spouse will be sent instructions regarding applying for the Medicare Part B reimbursement. Retirees and surviving spouses who are eligible to receive the Medicare B reimbursement from another Ohio Retirement System or from another source are not eligible for the OP&F reimbursement. Reimbursement will not begin until the proper information is received. No retroactive reimbursements are made.

# Appendices

**APPENDIX A**

**Statutory Authority for Health Care Benefits**

§ 742.45 Deduction for group health insurance.

(A) The board of trustees of the Ohio Police & Fire Pension Fund may enter into an agreement with insurance companies, health insuring corporations, or government agencies authorized to do business in the state for issuance of a policy or contract of health, medical, hospital, or surgical benefits, or any combination thereof, for those individuals receiving service or disability pensions or survivor benefits subscribing to the plan. Notwithstanding any other provision of this chapter, the policy or contract may also include coverage for any eligible individual's spouse and dependent children and for any of the eligible individual's sponsored dependents as the board considers appropriate.

If all or any portion of the policy or contract premium is to be paid by any individual receiving a service, disability, or survivor pension or benefit, the individual shall, by written authorization, instruct the board to deduct from the individual's benefit the contribution agreed to be paid by the individual to the company, corporation, or agency.

The board may contract for coverage on the basis of part or all of the cost of the coverage to be paid from appropriate funds of the Ohio Police & Fire Pension Fund. The cost paid from funds of the Ohio Police & Fire Pension Fund shall be included in the employer's contribution rates provided by sections 742.33 and 742.34 of the Revised Code.

The board may provide for self-insurance of risk or level of risk as set forth in the contract with the companies, corporations, or agencies, and may provide through the self-insurance method specific benefits as authorized by the rules of the board.

(B) If the board provides health, medical, hospital, or surgical benefits through any means other than a health insuring corporation, it shall offer to each individual eligible for the benefits the alternative of receiving benefits through enrollment in a health insuring corporation, if all of the following apply:

- (1) The health insuring corporation provides health care services in the geographical area in which the individual lives;
- (2) The eligible individual was receiving health care benefits through a health or a health insuring corporation before retirement;
- (3) The rate and coverage provided by the health insuring corporation to eligible individuals is comparable to that currently provided by the board under division (A) of this section. If the rate or coverage provided by the health insuring corporation is not comparable to that currently provided by the board under division (A) of this section, the board may deduct the additional cost from the eligible individual's monthly benefit.

The health insuring corporation shall accept as an enrollee any eligible individual who requests enrollment.

The board shall permit each eligible individual to change from one plan to another at least once a year at a time determined by the board.

(C) The board shall, beginning the month following receipt of satisfactory evidence of the payment for coverage, pay monthly to each recipient of service, disability, or survivor benefits under the Ohio Police & Fire Pension Fund who is eligible for medical insurance coverage under part B of "The Social Security Amendments of 1965," 79 Stat. 301, 42 U.S.C.A. 1395j, as amended, an amount equal to the basic premiums for such coverage.

(D) The board shall establish by rule requirements for the coordination of any coverage, payment, or benefit provided under this section with any similar coverage, payment, or benefit made available to the same individual by the Public Employees Retirement System, State Teachers Retirement System, School Employees Retirement System, or State Highway Patrol Retirement System.

(E) The board shall make all other necessary rules pursuant to the purpose and intent of this section.

APPENDIX B

Schedule of Changes in Net Assets Available for Benefits

1996-2001

	1996	1997	1998	1999	2000	2001
<b>Additions:</b>						
Employer Contributions	\$71,890,062	\$75,277,682	\$79,553,768	\$91,109,660	\$101,205,133	\$109,036,669
Retirant Contribution	5,119,195	5,251,898	5,331,515	5,518,098	5,657,431	6,874,699
Investment Income	17,021,606	20,647,822	23,034,445	22,726,931	(3,130,947)	(10,416,465)
Recoveries and Rebates	1,576,239	979,352	979,352	-	-	645,533
<b>TOTAL ADDITIONS</b>	<b>95,607,102</b>	<b>102,156,754</b>	<b>108,899,080</b>	<b>119,354,689</b>	<b>103,731,617</b>	<b>106,140,436</b>
<b>Deductions:</b>						
Health care Expenses	72,300,761	76,459,832	83,928,305	100,522,731	111,817,485	129,173,470
Administrative Expenses	-	3,048,819	2,396,457	2,817,126	3,192,119	3,114,771
<b>TOTAL DEDUCTIONS</b>	<b>72,300,761</b>	<b>79,508,651</b>	<b>86,324,762</b>	<b>103,339,857</b>	<b>115,009,604</b>	<b>132,288,241</b>
Net Increase/Decrease	23,306,341	22,648,103	22,574,318	16,014,832	(11,277,987)	(26,147,805)
Net assets held in trust for postemployment healthcare benefits:						
Balance, Beginning of year	203,467,200	226,773,540	249,421,643	271,995,961	288,010,793	276,732,806
Balance, End of year	<u>226,773,540</u>	<u>249,421,643</u>	<u>271,995,961</u>	<u>288,010,793</u>	<u>276,732,806</u>	<u>250,585,001</u>

NOTES:

1. Retirant contributions toward health care expenses began in June 1992.
2. Amounts for 1992-1996 are on a cash basis; beginning in 1997, amounts are on an accrual basis as prescribed by GASB Statement No. 26.
3. Administrative expenses relating to health care were not allocated to the Health Care Fund prior to 1997.

APPENDIX C

Accounting, Asset Valuation and Funding Methods

1. Summary Of Significant Accounting Policies

The following are the significant accounting policies followed by the Ohio Police & Fire Pension Fund (OP&F):

**Basis of Accounting - OP&F's** combined financial statements have been prepared using the accrual basis of accounting. Revenues are recognized when earned, and expenses are recorded when a liability is incurred.

**Investments -** Investment purchases and sales are recorded on a trade date basis. Dividend income is recognized on the ex-dividend date, while interest and rental income is recognized when earned.

Investments are reported at fair value. Short-term investments are valued at cost, which approximates fair value. Securities traded on a national or international exchange are valued at the last reported sales price at current exchange rates. Mortgages are valued on the basis of future principal payments discounted at prevailing interest rates for similar instruments. The fair value of real estate is based on independent appraisals and internal valuations. Investments that do not have an established market are reported at estimated fair value. Venture capital limited partnership interest is based on values established by valuation committees.

Net appreciation is determined by calculating the change in the fair value of investments between the end of the year and the beginning of the year, less the cost of investments purchased, plus sales of investments at fair value. Investment expense consists of administrative expenses directly related to OP&F's investment operations and a proportional amount of all other administrative expenses allocated based on the ratio of OP&F's investment staff to total OP&F staff.

OP&F has no individual investment that exceeds 5 percent of net assets available for benefits.

**Federal Income Tax Status - OP&F** was determined to be exempt from Federal income taxes under Section 501(a) of the Internal Revenue Code.

**Property and Equipment -** Property and equipment are recorded at cost. Depreciation is computed using the straight-line method over the estimated useful lives of the related assets. The range of estimated useful lives is as follows:

Buildings	40 years
Furniture, fixtures, equipment and software	3 to 10 years

**Contributions and Benefits** - Member and employer contributions are recorded in the period the related member salaries are earned. Benefits and refunds are recognized when due and payable in accordance with the terms of the plan.

**2. Asset Valuation Method**

Valuation assets equal the net cost (book) value of all OP&F assets, except common and preferred stocks are included in valuation assets with a value equal to that developed under the 4-year Market Adjustment Method, with an initial value equal to market value. Under this method realized and unrealized gains are recognized in the assets over a 4-year period: valuation assets equal market value less 75 percent of the previous year's realized and unrealized gains, 50 percent of the second previous year's realized and unrealized gains, and 25 percent of the third previous year's realized and unrealized gains. Future payments on the Employer Accrued Liability are capitalized at the valuation interest rate and the result is added to valuation assets. The balance in the Health Care Stabilization Fund is excluded from total assets to arrive at valuation assets for pension and disability benefits. Contributions due to be refunded to terminated members are also excluded from valuation assets.

**3. Funding Method**

Health care benefits are funded on a pay-as-you-go basis. This fund is credited with a portion of employer contributions equal to 7.50 percent of active member payroll, all benefit recipient health care contributions, as well as an equal share of investment income to the balance of the HCSF. The HCSF is charged with all health care expenses and administrative costs. As of December 31, 2001, the balance in the HCSF was \$250,585,001.

APPENDIX D

Plan Net Assets Available for Postemployment Health Care Benefits  
as of December 31, 2001

<b>Assets</b>	
Cash and Short-term Investments	\$ 8,845,921
<b>Receivables:</b>	
Employers' Contributions	30,628,683
Accrued Investment Income	998,144
Investment Sales Proceeds	920,850
Total Receivables	<u>32,547,677</u>
<b>Investments, at fair value:</b>	
Bonds	34,349,816
Mortgage & Asset Backed Securities	22,359,577
Stocks	109,715,185
Real Estate	16,099,978
Commercial Mortgage Funds	3,544,912
Venture Capital	2,101,735
International Securities	40,043,426
Mortgage Note Receivables	-
Total Investments	<u>228,214,629</u>
Collateral on Loaned Securities	30,374,367
<b>Fixed Assets:</b>	
Building, Furniture and Equipment	747,504
Accumulated Depreciation	<u>(133,888)</u>
Total Fixed Assets	613,616
Prepaid Expenses and Other	22,331
TOTAL ASSETS	<u>300,618,541</u>
<b>Liabilities</b>	
Medical Benefits Payable	12,834,603
Investment Commitments Payable	6,442,857
Accrued Administrative Expenses	201,004
Other Liabilities	180,709
Obligations Under Securities Lending	<u>30,374,367</u>
TOTAL LIABILITIES	<u>50,033,540</u>
<b>Net assets held in trust for postemployment healthcare benefits</b>	<b><u>\$250,585,001</u></b>

APPENDIX E

Statement of Changes in Plan Net Assets Available  
for Postemployment Health Care Benefits  
Year Ending December 31, 2001

**Additions:**

Contributions:

Employers	\$109,036,669
Retirants	<u>6,874,699</u>
Total Contributions	<u>115,911,368</u>

Investment Income:

Net Appreciation of Fair Value of Investments	(15,704,826)
Bond Interest	3,376,766
Dividends	746,583
Real Estate Operating Income, net	989,481
Foreign Securities	247,767
Other	288,864
Less Investment Expenses	<u>(421,183)</u>
Net Investment Income	(10,476,548)

From Securities Lending Activities:

Securities Lending Income	1,043,885
Securities Lending Expense:	
Borrower Rebates	(963,189)
Management Fees	<u>(20,613)</u>
Total Securities Lending Expense	<u>(983,802)</u>
Net Income from Securities Lending	60,083

Other Income	<u>645,533</u>
TOTAL ADDITIONS	106,140,436

**Deductions:**

Health Care Benefits	129,173,470
Administrative Expenses	<u>3,114,771</u>
TOTAL DEDUCTIONS	<u>132,288,241</u>
Net Increase (Decrease)	(26,147,805)

Net assets held in trust for  
postemployment health care benefits:

Balance, Beginning of year	276,732,806
Balance, End of year	<u>\$250,585,001</u>

APPENDIX F

Major Medical Plan Premiums

Contributions for major medical and prescription drug coverage are deducted monthly from the benefit recipient's check. Most benefit recipients and their eligible dependents are charged a monthly premium for major medical coverage. The contributions required for participation in all parts of the OP&F Medical Expense Benefits Program are indicated below.

January 1 to June 30, 2001

Monthly Major Medical Contribution Schedule (includes prescription drug coverage)

CATEGORY	MEDICARE		
	NO	A & B	B ONLY
Member with Service Pension LESS than \$10,000 annually	\$0.00	\$0.00	\$0.00
Member with Service Pension \$10,000 or MORE annually	\$10.00	\$5.00	\$5.00
Permanent & Total	\$0.00	\$0.00	\$0.00
Maximum Partial	0.00	0.00	0.00
Below Maximum Partial	40.00	5.00	5.00
Off Duty	40.00	5.00	5.00
Pre-1947	40.00	5.00	5.00
Member with Disability Pension \$10,000 or MORE annually	0.00	0.00	0.00
Permanent & Total	\$10.00	\$5.00	\$5.00
Maximum Partial	10.00	5.00	5.00
Below Maximum Partial with 25 or MORE years of service	10.00	5.00	5.00
Below Maximum Partial with LESS than 25 years of service	40.00	5.00	5.00
Off Duty	40.00	5.00	5.00
Pre-1947	10.00	5.00	5.00
Surviving Spouse with Disability Pension \$10,000 or MORE annually	\$0.00	\$0.00	\$0.00
Permanent & Total	\$0.00	\$0.00	\$0.00
Maximum Partial	0.00	0.00	0.00
Below Maximum Partial	40.00	5.00	5.00
Off Duty	40.00	5.00	5.00
Pre-1947	40.00	5.00	5.00
Surviving Spouse with Pension LESS than \$10,000 annually	\$0.00	\$0.00	\$0.00
(including any death benefit)	\$0.00	\$0.00	\$0.00
Surviving Spouse with Pension \$10,000 or MORE annually	\$40.00	\$0.00	\$0.00
(including any death benefit)	\$40.00	\$0.00	\$0.00
Surviving Spouse who remarries	\$40.00	\$40.00	\$40.00
Dependent Spouse	\$40.00	\$40.00	\$40.00
Dependent Child(ren)	\$0.00	\$0.00	\$0.00
Under age 18	\$0.00	\$0.00	\$0.00
Full-time student, ages 18 to 22 (per student)	\$50.00	\$0.00	\$0.00
Orphan	\$0.00	\$0.00	\$0.00
<b>This information is for Kaiser Permanente participants only:</b>			
Kaiser Member with Service Pension LESS than \$10,000 annually	\$0.00	\$0.00	\$0.00
Kaiser Member with Pension \$10,000 or MORE annually	\$0.00	\$5.00	\$5.00
Kaiser Surviving Spouse with Pension LESS than \$10,000 annually	\$0.00	\$0.00	\$0.00
(including any death benefit)	\$0.00	\$0.00	\$0.00
Kaiser Surviving Spouse with Pension \$10,000 or MORE annually	\$0.00	\$0.00	\$0.00
(including any death benefit)	\$0.00	\$0.00	\$0.00
Kaiser Surviving Spouse who remarries	\$40.00	\$40.00	\$40.00
Kaiser Dependent Spouse	\$0.00	\$0.00	\$0.00
Kaiser Dependent Child(ren)	\$0.00	\$0.00	\$0.00
Under age 18	\$0.00	\$0.00	\$0.00
Full-time student, ages 18 to 22 (per student)	\$50.00	\$0.00	\$0.00

Beginning July 1, 2001, the Board of Trustees introduced a simpler and more equitable contribution schedule.

**Monthly Major Medical\***

Coverage Category	Category Definition	Monthly Contribution 7/1/01 through 6/30/02
Single	Benefit recipient** is the only enrollee.	\$25.35
Two-Party	Benefit recipient** plus one eligible family member enrolled.	\$35.49
Family	Benefit recipient** plus two or more eligible family members enrolled.	\$45.63

*\*Please note that these rates are subject to change at any time.*

*\*\*"Benefit recipient" includes retirees and surviving spouses.*

Under the contribution schedule implemented on July 1, 2001, there are three categories of premiums – single, two-party, and family. The amount of these contributions is simply based on the number of family members enrolled in the program. The Board will review medical benefit expenses annually to determine the premiums and the discount program that will be effective on July 1<sup>st</sup> of each year.

OP&F's Contribution Discount Program offers a contribution reduction to benefit recipients with total annual "household income" under an amount established annually by the Board of Trustees, which in 2001 was 30% in each coverage category. To be considered for this discount, benefit recipients must annually request an *Application for Health Care Discount* form from OP&F and submit the properly completed application to OP&F by April 30<sup>th</sup>. OP&F will send benefit recipients notification by May 30<sup>th</sup> as to whether or not they qualify for the discount. For those who qualify, the discount will then begin on July 1<sup>st</sup> and run through June 30<sup>th</sup> of the following year. Benefit recipients who receive the discount must reapply for the discount each year.

Benefit recipients who enroll in medical expense benefits throughout the year may apply for the discount when they enroll; however, to qualify, OP&F must receive a completed *Application for Health Care Contribution Discount* within ninety (90) days from the date that OP&F sent the application.

APPENDIX G

Health Care Funding Policy

The Ohio Police & Fire Pension Fund Board of Trustees recognizes the limitations imposed by law on the cost of health care benefits. OP&F will manage the terms of the health care benefits program in a manner that, over the long term, ensures the solvency of OP&F with respect to providing pension and disability benefits.

To determine the affordable level of health care costs, the Board will utilize forecast studies prepared by the actuary on at least a quinquennial basis (every five years) or other studies commissioned by the Board on an ad hoc basis. The forecast studies will be prepared following each Quinquennial Experience Study, so as to best reflect current expectations of OP&F pension and health care liabilities.

The cost of health benefits is funded through benefit recipient paid contributions and through contributions that employers pay on behalf of active members. OP&F understands that the employers contribution for all benefits, both pension and health care, has been set by statute as a percentage of payroll. The assumed level percentage of 6.5 percent of active member payroll was determined in 1991, via a forecast study, to be the long-term affordable level to be devoted to health care based on actuarial experience at that time. OP&F will adjust the percentage of active member payroll used for health care benefits at least every five years to the maximum level consistent with OP&F's primary obligation to pay pension benefits.

Based on the projected health care costs included as part of the forecast studies and after paying costs covered by the current percentage of active member payroll and the amount of Health Care Stabilization Funds deemed prudent by the Board, the monthly contributions for benefit recipients and dependents will be adjusted to pay all remaining health care costs. When adjusting contributions by benefit recipients, the Board will apportion the contributions among the benefit recipient and dependent population after considering many factors.

If changes in benefit recipient monthly contributions and active member payroll contributions fail to offset rising health care costs, the Board will consider changes to health care benefit levels.

OP&F will ensure that this funding policy is effectively communicated to OP&F's membership and will work toward improving the membership's understanding of the issues surrounding funding of health care benefits.

APPENDIX H

Health Maintenance Organization (HMO) Coverage

Description	Aetna	MMO	Kaiser	Paramount	United HealthCare
<b>PHYSICIAN SERVICES</b>					
<b>Office Visit with PCP</b>	\$5 copay	\$10 copay	\$5 copay	\$5 copay	\$5 copay
<b>Specialist</b>					
Consultation	\$5 copay	\$10 copay	\$5 copay	\$5 copay	\$5 copay
Treatment	100%	100%	\$5 copay	\$5 copay	100%
Immunizations & Inoculations	100%	100%	100%	100%	\$5 copay
Allergy Treatment/Testing	\$5 copay	copays: \$10/\$25	100%	\$5 copay	\$5 copay
Diagnostic x-ray & lab testing	100%	100%	100%	100%	100%
Podiatrists	\$5 copay (if med. necessary)	\$10 copay	\$5 copay (if med. necessary)	\$5 copay if medically necessary/2 preventive visits per year	\$5 copay/1 preventive visit per yr.
Chiropractors	\$5 copay (unlimited)	\$10 copay, 20 visits per year (includes physical therapy)	\$5 copay: 20 visits per yr, then 50% per visit	Subluxation: \$5 copay Other: \$5 copay for 20 visits/then 50% unlimited	Subluxation: \$5 copay Other: \$5 copay, for 20 visits/then 50% unlimited
<b>PREVENTIVE SERVICES</b> (one per year)					
<b>Physical Exams</b>	\$5 copay	\$10 copay	\$5 copay	\$5 copay	\$5 copay
Routine PSA Test	100%	100%	\$5 copay	\$5 copay	\$5 copay
Routine Mammogram	100%	100%*	\$5 copay	\$5 copay	\$5 copay
Routine PAP Smear	100%	100%*	\$5 copay	\$5 copay	\$5 copay
Routine Eye Exam	\$5 copay 1/yr.	Not Covered	\$5 copay	\$5 copay	\$5 copay
Routine Hearing Exam	\$5 copay	Not Covered	\$5 copay	\$5 copay	\$5 copay
<i>*one gynecological exam per year covered with participating GYN, without PCP referral</i>					
<b>HOSPITAL SERVICES</b>					
Hospital Confinement	100%	100%	100%	100%	100%
Inpatient Physician Visit	100%	100%	100%	100%	100%
Surgical Procedures (inpatient and out-patient)	100%	100%	100%	100%	100%
<b>EMERGENCY ROOM</b>					
Hospital Charges	\$25 copay waived if admitted	\$50 copay waived if admitted	\$50 copay waived if admitted	\$25 copay waived if admitted	\$50 copay waived if admitted
Ambulance	100%	\$25 copay	100%	100%	100%
<b>MENTAL HEALTH</b>					
Inpatient Confinement	100% (unlimited)	100%, 30 days/ calendar yr. (3 per lifetime)	100% (unlimited)	100%	100% (unlimited)
Outpatient Care	\$5 copay (unlimited)	\$10 copay, 20 visits per yr.	\$5 copay (unlimited)	\$5 copay (unlimited)	\$5 copay (unlimited)
<b>ALCOHOL &amp; SUBSTANCE ABUSE</b>					
Inpatient Confinement	100% (unlimited)	100%, 30 days/ calendar year	100%	100%	100%
Outpatient Care	\$5 copay (unlimited)	\$10 copay, 20 visits per year	\$5 copay	\$5 copay (unlimited)	\$5 copay

Health Maintenance Organization (HMO) Coverage (cont'd)

Description	Aetna	MMO	Kaiser	Paramount	United HealthCare
<b>OTHER SERVICES</b>	100% (unlimited)	100%, 100 days/ calendar year	100%, 100 days/ calendar year	100%, up to 100 days/ benefit period	100% up to 100 days/ benefit period
Skilled Care Facility	100%	100%	100%	100%	100%
Home Health Care	100% (unlimited)	100%	100%	100%	100%
Hospice Services	100% (unlimited)	100%	100%	100%	100%
Outpatient Therapy Services	\$5 copay (unlimited)	\$10 copay, 10 visits, speech 20 visits, other	100%	100%	100%
Durable Medical Equipment	100%	100%	100%	100%	100%
Hearing Aid Allowance	\$700 every 36 mos.	Not Covered	100% every 3 years	\$700 every 3 years	\$700 every 3 years
Vision—Glasses & Contacts (Covered 100% under all plans if in conjunction with cataract surgery)	\$300 every 24 mos.	Not Covered	\$300 every 24 mos. Use United Optical for exam & hardware	\$500 every 2 years	\$300 every 2 years
<b>DENTAL COVERAGE</b>	Advantage Dental	Advantage Dental	Kaiser Dental	Delta Dental	UHC Dental
Deductible	None	n/a	None	\$50 per person, \$150 family maximum	\$50 single, \$150 family maximum
Annual Maximum	None	n/a	None	\$1500 per year	\$1500 per year
Preventive Care	\$2 copay 2 visits/yr	Not Covered	100%	100%, no deductible	100%, no deductible
Basic Care	Discounted fees	Not Covered	Discounted copays	80% after deductible	80% after deductible
Major Restorative Care	Discounted fees	Not Covered	Discounted copays	50% after deductible	50% after deductible
Network Providers Required	Yes	n/a	Yes	Recommended	Yes

Primary Care Physicians must provide and/or arrange for all health care. United HealthCare is the only HMO that allows participants to utilize specialists without a referral (must utilize UHC participating providers, however). All benefits subject to medical necessity requirements and/or prior approval by the HMO.

APPENDIX I

Preferred Provider Organization (PPO) Benefits Chart

The benefit coverage for benefit recipients residing in areas considered “in-network” and “non-network” are explained in the Network PPO Comparison Chart below. Please note that routine check-ups and claims that the insurance company determines are for maintenance care are NOT covered under the Preferred Provider Organization (PPO) plans.

<b>Description</b>	<b>Non-Network</b> <i>Medicare A&amp;B eligible/ Permanent residents of non-network area.</i>	<b>Network</b> <i>Member &amp; dependents assigned to a PPO network and using network providers.</i>	<b>Out-of-Network</b> <i>Member &amp; dependents assigned to a PPO net- work, but using non- network providers.</i>
<b>GENERAL INFORMATION</b>			
<b>Major Plan Features</b>	Use any provider	Use network provider	Use any provider
<b>Deductible (per plan year):</b>			
Benefit recipient	\$100.00	\$100.00	\$250.00
Family	200.00	200.00	500.00
(no carryover)			
<b>Max. Annual Out-of-Pocket:</b>	Excludes deductible	Excludes deductible	Excludes deductible
Benefit recipient	\$500.00	\$500.00	\$1,500.00
Family	750.00	750.00	2,250.00
<b>Lifetime Maximum</b>	\$1,000,000.00	\$1,000,000.00	\$1,000,000.00
<b>Claim Forms</b>	Yes	No	Yes
<b>Pre-certification/ Utilization review</b>	Patient responsible	Provider responsible	Patient responsible
<b>Pre-certification penalty:</b>			
Inpatient (per admission)	\$200.00	None	\$200.00
Outpatient	100.00	None	100.00
<b>Managed Second Opinion Surgery</b>	\$100.00	None	\$100.00
<b>PHYSICIAN SERVICES</b>			
<b>Office visits</b>	80%	\$10.00 copay	70%
<b>Surgeon/Consultation fees</b>	80%	80%	70%
<b>Services not available in network</b>	80%	80%	80%
<b>Surgeons/Surgery fees</b>	80%	80%	70%
<b>OB/Maternity visits &amp; delivery</b>	80%	80%	70%
<b>Diagnostic, x-ray &amp; lab fee</b>	80%	80%	70%
<b>HOSPITAL SERVICES</b>			
<b>Per admission deductible</b>	None	None	\$100.00
<b>Inpatient coinsurance</b>	100%	100%	70%
<b>Outpatient</b>			
Pre-admission testing	100%	100%	70%
Surgery	100%	100%	70%
All other	80%	80%	70%
<b>EMERGENCY ROOM</b>			
<b>Hospital Emergency Care*</b> (includes associated tests & physician charges)	\$50 copay for facility (waived if admitted); 80% other charges	\$50 copay for facility (waived if admitted); 80% other charges	\$50 copay for facility (waived if admitted); 80% other charges

Preferred Provider Organization Benefits Comparison Chart, cont'd.

Description	Non-Network	Network	Out-of-Network
<b>MENTAL HEALTH**</b> Inpatient & partial hospitalization coinsur. (includes drug abuse) Mental/Nervous & Drug Abuse outpatient coinsur. Alcoholism inpatient coins. Alcoholism outpatient coinsurance	100% 80% 100% 80% 100%	100% 80% 100% 80% 100%	70% 70% 70% 70% benefit=\$550.00
<b>PREVENTIVE CARE***</b> Well baby/child care Routine PAP Smear Max. one per calendar yr. Routine Mammogram Max. \$85 annual benefit Routine PSA Max. \$85 annual benefit	Age 0-1=80%, \$500/yr Age 1-9=80%, \$150/yr 80%	Age 0-1=80%, \$500/yr Age 1-9=80%, \$150/yr services; 80% for lab \$10 copay for physician services; 80% for lab	Age 0-1=70%, \$500/yr Age 1-9=70%, \$150/yr 70% 70% 70%
<b>OTHER COVERED EXPENSES</b> Skilled nursing facility Chiropractors & physical therapists***, durable medical equipment & ambulance Acupuncturist (in lieu of anesthesiologist) Private duty nurse, home health care Hospice care Inpatient Outpatient	100%, up to 365 days 80% 80% 80%, private duty limit of 120 8-hr shifts per calendar year Lifetime maximum = 100%, up to 30 days 80%, limited to benefit of \$3,000.00	100%, up to 365 days 80% 80% 80%, private duty limit of 120 8-hr shifts per calendar year Lifetime maximum = 100%, up to 30 days 80%, limited to benefit of \$3,000.00	70%, up to 365 days 70%, limit of 24 chiropractic visits 70% 70%, private duty limit of 120 8-hr shifts per calendar year Lifetime maximum = 80%, up to 30 days 70%, limited to benefit of \$2,000.00

\*Must be on same day as injury or illness  
\*\*Covered for alcohol or drug abuse treatment only if treatment is for underlying causes leading to rehabilitation from such addiction. Detoxification alone is not covered.  
\*\*\*Routine health check-ups and claims that the insurance company determines are for maintenance care are NOT covered under the PPO plans. The HMOs do cover these services.  
\*\*\*\*Chiropractic care must be non-maintenance care, and physical therapy treatments must be performed by registered therapist and recommended by physician.

APPENDIX J

Prescription Drug Benefits

Prescription Drug Benefits Chart

The chart below lists the benefits available through the Prescription Drug Program. Benefit recipients should consult their Prescription Drug Program brochure for more information on using the retail and mail prescription services.

DESCRIPTION	RETAIL PROGRAM	MAIL PROGRAM
When to use You pay	Short-term or immediate need <b>Participating Pharmacies:</b> \$5.00 for generic \$10.00 for brand names <b>Non-participating Pharmacies:</b> \$7.50* for generic \$15.00* for brand name <i>*After deductible is satisfied</i>	Long-term or ongoing use \$1.00 for generic \$5.00 for brand names
Drug supply per Rx (as prescribed by physician)	Up to 60 days	Up to 60 days
Drug deductible	<b>Participating Pharmacies:</b> None <b>Non-Participating Pharmacies &amp; when claim forms filed:</b> \$50.00 per person \$100.00 family maximum	None
Claim form required	<b>Participating Pharmacies:</b> No <b>Non-participating Pharmacies:</b> Yes	No

APPENDIX K

Supplemental Dental Coverage

Dental Coverage Chart

Deductible (per year)  
 \$50 single/\$150 family  
 Calendar Year Maximum  
 \$1,500 per person

**ONE PLAN WITH TWO NETWORKS.** This dental plan consists of two networks—the DeltaPreferred Option Plus and the DeltaPremier. As shown below, benefit recipients and their enrolled dependents receive the maximum benefit level when utilizing the DeltaPreferred Network.

DESCRIPTION OF PROCEDURE	DeltaPreferred Option Plus Utilizing DeltaPreferred Option Plus Network dentist	DeltaPremier & any dentist Utilizing Premier Network or dentist in neither network/ Pays up to usual, customary & reasonable limits
<b>Class I Benefits</b> Diagnostic Services Preventive Services Emergency Palliative Radiographs Oral Surgery (minor) Minor Restorative Periodontics (minor) Endodontics	Delta Dental Pays 100% with no deductible 100% with no deductible 100% with no deductible 100% with no deductible 80% after deductible 80% after deductible 80% after deductible 80% after deductible	Delta Dental Pays 80% with no deductible 80% with no deductible 80% with no deductible 80% with no deductible 80% with no deductible 60% after deductible 60% after deductible 60% after deductible 60% after deductible
<b>Class II Benefits</b> Prosthodontics Major Restorative	Delta Dental Pays 50% after deductible 50% after deductible	Delta Dental Pays 45% after deductible 45% after deductible

**APPENDIX L**

**Supplemental Vision Coverage**

<b>DESCRIPTION</b>	<b>PLAN PAYS</b>
Eye Exams*	\$50 for one exam every 12 months
Frames	\$20 for one pair every 24 months
Lenses	Every 24 months:
Single Vision	\$30
Bifocals	\$40
Trifocals	\$60
Lenticular	\$100
Contact Lenses	\$160 every 24 months

*\*This is for routine eye exams only. If the doctor determines that there is a related medical condition at the time of the exam (i.e. glaucoma, cataracts, etc.), then the claim will NOT be paid under this vision plan. The claim may be paid, however, under the benefit recipient's major medical benefits and subject to the deductibles of the medical plan.*

APPENDIX M

Supplemental Dental and Vision Plan Premiums

Who's Covered	Aetna Vision	Delta Dental
Benefit Recipient (including survivors)	\$4.15	\$15.59
Benefit Recipient & Spouse	8.29	30.50
Benefit Recipient & Child(ren)	7.04	28.29
Benefit Recipient, Spouse & Child(ren)	11.18	48.95



